

## **Interprofessional training of transcultural competence for the treatment of geriatric patients with migration background and their relatives**

Funding period: 15.12.17 – 30.06.19

### **Background:**

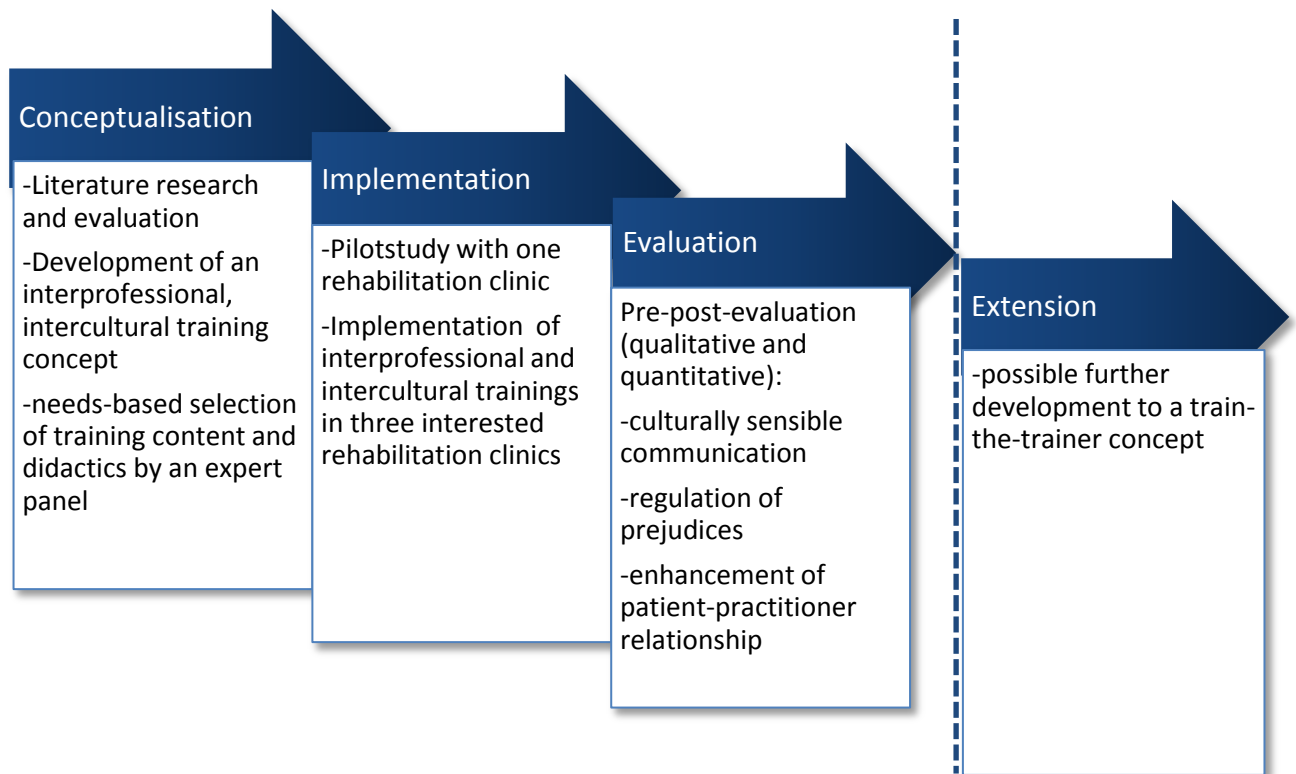
The number of elderly people with migration background is consistently on the rise. Despite the insufficient data situation, several studies point towards a higher rate of age-related diseases in 55-year old and older migrants compared to the equivalent group without migration background in Germany. However, the satisfaction with and utilization and efficiency of health services as well as the use of rehabilitation actions are lower for migrants than for the rest of the population. Different values, disease concepts and linguistic challenges might contribute to the fact that those treatment settings are considered more difficult by both patients and caregivers. In the end, this affects the quality of treatment, can lead to misunderstandings, false diagnoses, and repeated medical examinations in clinical routine.

### **Purpose:**

The aim of the project is the development of transcultural competence training for interprofessional teams in geriatric rehabilitation clinics. The training's objective is to enable the teams to provide a patient-centered treatment and ensure further care. In doing so, social, personal and communication competencies will be encouraged, meaning that apart from conveying knowledge of central concepts (such as culture, concepts of illness, intercultural competence) the focus is on imparting conversational skills and offering space for self-reflection upon cultural imprint, tolerance, values and bias. Hereby caregivers will be able to establish a meaningful relationship with patients and their relatives, incorporate the patients' wishes and facilitate an informed consent and compliance in treatment. We hypothesize this will not only increase patient satisfaction but also treatment effectiveness.

### **Course of Project:**

As shown in the following figure, the project can be divided into three phases within the funding period. A fourth phase might be initiated to establish the project's results.



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