

## **Interprofessional development of competences for migration and culturally sensitive health care for pregnant women and young mothers**

### **Project partners:**

- Klinik für Psychosomatik und Psychotherapie, Universitätsklinikum C.G. Carus Dresden (Projektleitung: Dr. phil. Ilka Lennertz und Dr.rer.nat. Juliane Junge-Hoffmeister)
- Felsenweginstitut der Karl-Kübel-Stiftung für Familie und Kind (Margot Refle, Garnet Helm, Christiane Voigtländer)

Medical and psychosocial care for women and their infants during pregnancy, labor and postpartum requires the professional collaboration of obstetricians, gynecologists, midwives, nurses, psychotherapists and sometimes social workers. Special challenges result, if women have a background affected by forced migration. Especially if in critical situations immediate comprehension is needed, professional acting has to be tuned to differences in language, culture, the psychological situation and sometimes the residence permit status of the woman. Thereby it can be ensured on one hand, that women are sufficiently understood and taken care of. On the other hand that way it can be prevented, that health care for refugees may be experienced as burdensome by the providers, because routine strategies and clear task sharing between professions are lacking. Because of the necessity of individual contacts of the mothers (and infants) with the health care and the social welfare system during peripartum both aspects comprise a chance for the improvement of the integration of migrant women and their families.

For these reasons the goal of the project is the development of a further education in order to strengthen the competences of the participants from different health care related professions based on a scientific needs assessment with providers on one hand and migrant women on the other. The curriculum will be competence focused (based on the DQR-model). The improvement of knowledge and skills will be integrated as well as interprofessional case management and supervision, i.e. the promotion of social and self-competences.

### **Co-operation partners:**

- German Society for Psychosomatic Gynaecology and Obstetrics e.V. (Deutsche Gesellschaft für Psychosomatische Frauenheilkunde und Geburtshilfe, DGPF e.V.)
- German Association for Nursing of Children and Adolescents e.V. (Berufsverband Kinderkrankenpflege Deutschland e.V., BeKD)
- German Marcé-Society for Perinatal Mental Disorders e.V. (Marcé-Gesellschaft für Peripartale Psychische Erkrankungen e.V.)
- Saxonian Association of Midwives e.V. (Sächsischer Hebammenverband e.V.)

*The project is funded by the Robert-Bosch-Foundation (No.: 32.5.A381.0051.0).*